

Wednesday 29th April - Monday 4th May '09

• féile na n-uan •
• ros comáin •



roscommon
lamb
festival '09

family fun, great food & community spirit!

Event Programme



Lamb Festival Rose
Fiona Murray

www.roscommonlambfestival.com

Proud sponsors of the Roscommon Lamb Festival 2009



Innovation and Integrity in the food business



Belief in developing strong customer relationships through a partnership approach



Dedication to innovation, brand management and consumer focus

Ability to transform consumer needs into commercially viable products



Global Cuisine is Ireland and the UK's No.1 Brand in the ready to cook category



Big Al's is Ireland's No. 1 frozen convenience meat brand



Rustlers is the No. 1 brand in the chilled hot sandwich category

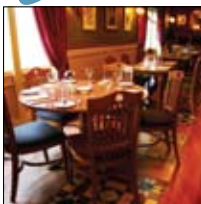
Proud sponsors of the Roscommon Lamb Festival 2009

Making time for you...

Overlooking the town's historic square, this lovingly restored 19th century townhouse's combination of excellent rooms, café, fully licensed restaurant, private car park, free internet access and Gleeson's charming hospitality creates an ideal setting when staying or dining in Roscommon.

Our menus offer a choice of locally sourced & organic sustainable food. Gleeson's also offer you the chance to bring some of their amazing foods home with you. Why not pay a visit to our energy efficient Artisan Food & Wine Shop located next door for a true taste of Roscommon. Members of Good Food Ireland, AA & Georgina Campbell's Guide to Ireland.

**To make a reservation
call 090 66 26954**



Gleeson's Townhouse, Restaurant and Artisan Food & Wine Shop,
Market Square, Roscommon www.gleesonstownhouse.com



Welcome to our festival!

Chairperson's foreword

I am delighted to welcome you to the second Roscommon Lamb Festival. Following on from the success of last year's inaugural event, the committee have been working on this year's festival programme since October.

Running from Wednesday 29th April to Monday 4th May, this festival promises to appeal to both town and country, young and not so young. Events include festival fashion show, global kitchen extravaganza, Brazilian & Irish style barbeque, Little Bo-Peep & Little Boy Blue competition, pet lamb competition, wool shearing, spinning, dyeing and weaving, farming events and horse drawn vehicles & vintage drive. Throughout the weekend visitors will enjoy a carnival atmosphere on the streets with music, song, pavement art and theatre events.

The festival highlight this year is a celebrity chef demonstration with well known TV chef Clodagh McKenna on Friday May 1st at 8pm in the Festival Marquee, Market Square. Clodagh will cook and provide tastings of a variety of mouth watering dishes using succulent Roscommon Lamb. She will also sample local restaurants' speciality lamb dishes on Thursday 30th April and attend the farmers' market on Friday morning 1st May.

The festival aims to highlight the quality of locally-produced food and to attract additional tourists to Roscommon thus boosting the local economy and benefiting primary producers and suppliers.

The festival is organized by a committee of local farmers, restaurant owners and community groups. I would like to sincerely thank them for the huge amount of energy, time and talent that they have so generously given to making this festival an event that everybody in Roscommon can be proud of.

This event could not be held without the support of our funders and sponsors who have contributed to its financial cost. Our major sponsors include Bord Bia, Fáilte Ireland, Kepak, Roscommon County Council, Roscommon Integrated Development Company (Leader) and our media partner, Shannonside Radio. A special word of thanks to these and all our other sponsors not forgetting the Roscommon sheep farmers. I also wish to thank Roscommon County Council, the Garda Síochána and the Order of Malta for their cooperation and assistance as well as the media both national and local.

Now all that is left for me to say is a Céad Míle Fáilte to all of you, come and join us to enjoy the best of local food, our naturally reared Roscommon lamb.

**Laurence Fallon,
Chairperson**

For more event info visit: www.roscommonlambfestival.com

Proud sponsors of the Roscommon Lamb Festival 2009



Charming 18th Century Manor House, idyllically set on its own private grounds and gardens. The hotel proudly offers fabulous facilities including 50 beautifully decorated Bedrooms, a fully equipped Leisure Club with 20m Swimming Pool, Jacuzzi, Sauna & Steam Room accompanied by a wonderful Therapy Room. The ever popular "Restaurant" is renowned in the region, we have the perfect venue for dining whether in a private dining area or in our function rooms whether it's a Party, Special Occasion or Business Event.

Abbey Hotel, Conference and Leisure

Galway Road, Roscommon,
Telephone: +353 (90) 6626240
Fax: +353 (90) 6626021
Email: info@abbeyhotel.ie
www.abbeyhotel.ie



104.1 MHz (Longford/Roscommon)
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104.6 MHz (West Roscommon)

Shannonside FM, your local radio station in Roscommon,
proud supporter of the **Roscommon Lamb Festival**

Programme of events...



www.roscommonlambfestival.com

Wednesday 29th April 2009

11.00am to 2.00pm | Special Sheep Sale – Roscommon Mart

This is a special Show and Sale with prizes for the best pen of factory lambs and the best pen of butchers lambs. Each pen must consist of a minimum of 5 lambs. Pedigree sheep societies are invited to exhibit their sheep at the show. Special Trade Promotions on the Day. We are grateful to Roscommon Mart for sponsoring this event and supporting the Festival.

8.00pm | Festival Fashion Show with Catwalk Model Agency

Ticket agents:
• Gleeson's Townhouse
• The Abbey Hotel,
• Jackson's Restaurant
• Eight 'til Late

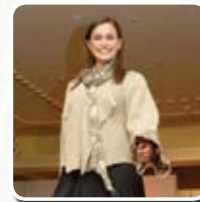
Fashion showcase including garments from local & national fashion designers. Also garments from the transition year students Re-invent Competition. Best Dressed Lady Competition on the Night
Venue: The Abbey Hotel, Roscommon. Tickets: €20



Thursday 30th April 2009

8.30pm | Lamb night in participating restaurants

Each restaurant will prepare a signature dish to be associated with the festival using Roscommon lamb as the main ingredient. The competition will be held in Jackson's Restaurant where a panel of talented judges will select the Festival Lamb Signature Dish 2009.



Quote from Catwalk Model Agency

"The Roscommon Lamb Festival Fashion Show is a fantastic opportunity to showcase the talents of local and national designers. Catwalk Model Agency are delighted to be involved this year as this festival represents the true positivity and community spirit of Roscommon."

Family fun, great food & community spirit!

Friday 1st May 2009

10.00am
to 4.00pm

Farmers Market with guest appearance by Clodagh McKenna

This is a relatively new market supported by Roscommon Integrated Development Company aimed at providing a showcase for quality local food produce, allowing customers the opportunity to source quality products direct from the producer. The market takes place on a weekly basis, every Friday from 10am - 2pm at the new Civic Space behind the County Museum off Market Square in Roscommon town. The festival farmers market will include additional products from the locality and a guest appearance by Celebrity Chef, Clodagh McKenna.

11.00am

Cookery Demonstration – Farmers Market

Maura Dufficy, Food Advisor, An Bord Bia will host a cookery demonstration in the Farmers Market, Market Square for secondary level schools.

8.00pm

The Festival Highlight Celebrity Chef Clodagh McKenna

Ticket agents:
• Gleeson's Townhouse
• Jackson's Restaurant
• Eight 'til Late

Cookery Demonstration displaying ways of cooking lamb in many different styles. This event will be followed by tastings of Clodagh's dishes. **Venue: Festival Marquee, Market Square**
€25 per ticket

Festival
Highlight

Saturday 2nd May 2009

All Day

Family Fun Day

With Street Theatre, Face Painting, Balloon Modelling, Street Pavement Art, Music on the Square and much more fun on the streets of Roscommon.

10am
to 4.00pm

RosWIN – Spring Into Action Fair! Festival Marquee, Market Square

A spring showcase from the Roscommon Women In Business Network coordinated by Roscommon Integrated Development Company. There will be demonstrations of basket making, chocolate making, skincare analysis, massages, counselling and many more on the day. Celebrity Makeovers will also be taken place on the day.

2.00pm

Pet Lamb Competition – Market Square

Prizes will be awarded for the cutest pet lamb on the day. Competition confined to exhibitors under 15 years of age.

Followed by the Little Bo Peep & Little Boy Blue Competition, Children must be under 10 years of age to enter this competition.

8.00pm

BBQ Brazilia & Irlanda Style! Festival Marquee, Market Square

Ticket agents:
• Gleeson's Townhouse
• Jackson's Restaurant
• Eight 'til Late

Come along & enjoy a festival atmosphere with Brazilian music. **Ticket €15 Adults & €5 Children under 12**
Eat as much as you like!

Festival
Highlight



Quote from Clodagh McKenna

"I have been living now in Italy for 3 years and I can promise that I have never tasted Lamb as good as in Ireland. The Irish *terroir* and salty air adds undoubtedly to the flavour of Irish Lamb. So I am very excited to be part of the Roscommon Lamb Festival and help spread the word that Irish Lamb is the best!"



The fun continues...



www.roscommonlambfestival.com

Sunday 3rd May 2009

- All Day** | **Family Fun Day - Market Square**
with Street Theatre, Face Painting, Balloon Modelling and Music.
- All day** | **Sheep Dog Trials – Walsh's Field, Racecourse Road**
National & international competition of Sheep Dog Handling - This exhibit of man and dog is well worth viewing. Entries taken on the day.
- 2.00pm** | **Horse Drawn Vehicle Cavalcade and Vintage Machinery Drive & Display**
Horse Drawn Vehicles Cavalcade will be followed by a vintage drive featuring tractors, machinery and cars by South Roscommon Vintage Club.
- 2.00pm** | **A Wool Day Out! – Sheep Shearing, Wool Spinning & Knitting Event - Market Square**
Local sheep farmers will shear a number of sheep. The resulting fleeces will then be spun into yarn by renowned expert spinner Patricia Kirwan. The yarn will then be knitted into a garment by volunteer knitters. This will be an interactive event with the audience being invited to spin & knit the wool. There will also be dyeing, felt making and weaving showcased on the day. Most enjoyable event for young & old.

4.00pm | **Global Kitchen - International Culinary Extravaganza - Festival Marquee, Market Square**

Ticket agents:

- Gleeson's Townhouse
- Jackson's Restaurant
- Eight 'til Late

Following the success of our previous international culinary event, we're showcasing food from a range of different nationalities with each nationality creating a unique meal using local Roscommon lamb. **Tickets €10 / €5 for under 12s**



- 8.00pm** | **Roscommon Rose Of Tralee Selection Ball - Abbey Hotel**
Organised by the Roscommon Rose Committee - the Rose of Tralee is celebrating its 50th year and brings glitz and glamour to Roscommon! The county is looking to repeat the success of last year's Roscommon Rose and hopefully go on to the final. The Roscommon Lamb Festival will be represented on the night by Fiona Murray, Rahara. **Tickets available from 17th April. For enquiries call Rose Secretary - Caroline Leckey on 086 314 9212**

Monday 4th May 2009

- 3.00pm** | **Carers Association Mini Marathon - Meeting point Hannons Hotel Car Park**
Entry forms available from Rocommon Champion or the Carers Association - 090 6489296. **Entry Fee €10.**

ROSCOMMON mart

Blks, Hfrs, Cull Cows	Fridays 11.00am
Lambs & Cast Ewes	Wednesdays 11.00am
Weanling Sales - (Autumn)	Tuesdays 6.00pm
Breeding Ewe Sales - (Autumn)	Saturday 11.00am

Manager: Michael Naughton
Enquiries: 090 66 26352 Fax: 090 66 25689
Email: rosmart@eircom.net

LIDL IRELAND GmbH



Proud sponsors
of the wine
reception at the
**Festival
Fashion Show**
**Wednesday
29th April**

All the Events: Day by Day!

Below is a handy at-a-glance guide to all our events.
So you won't miss out on any of the fun!

	Farming Events	Culinary Events	Children's Events	Family/ Entertainment Events	Other Events
Wed 29	Special Sheep Sale Roscommon Mart 11am - 2pm			Festival Fashion Show Abbey Hotel 8pm	
Thur 30		Lamb Night In participating restaurants			
Fri 1		Bord Bia Cookery Demo Farmers Market- 11am Celebrity Chef Clodagh McKenna Cookery Demo Festival Marquee 8pm			Farmer's Market Roscommon Town 10am - 2pm
Sat 2		BBO Brazilia & Irlanda Style! Festival Marquee 8pm	Pet Lamb Competition Little Bo-Peep Little Boy Blue Competition Market Square 2.30pm	Family Fun Day Market Square 2pm	RosWIN Spring Into Action Fair Festival Marquee 10am - 4pm
Sun 3	Professional Sheep Dog Trials Walsh's Field Racecourse Road All Day	Global Kitchen Festival Marquee 4pm		Family Fun Day Market Square Horse Drawn & Vintage Drive Market Square - 2pm Wool Day Out! Market Square - 2pm	Roscommon Rose Selection Ball Abbey Hotel 8pm
Mon 4					Carers Association Mini Marathon Hannons Hotel

Check out the gallery of last year's success...
This year promises to be even better!



Roscommon Integrated Development Co. Ltd

Head Office:

Castle Street, Roscommon
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North Roscommon Office:

Arigna, Carrick on Shannon, Co. Roscommon
Tel: 071 9646186 Fax: 071 9646188

South Roscommon Office

Curraghboy, Athlone, Co. Roscommon
Tel: 090 6488292 Fax: 090 6488046

Supporting Rural & Community
Development in
County Roscommon



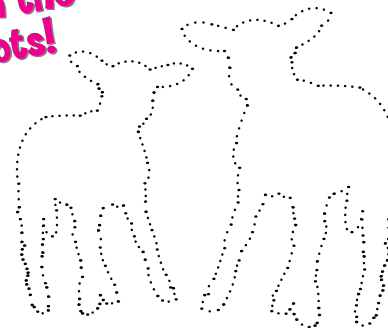
Kids Corner!



www.roscommonlambfestival.com



Join the Dots!



Nursery Rhyme!

Mary had a little lamb
It's fleece was white as snow
And everywhere that Mary went
The lamb was sure to go.
It followed her to school one day-
That was against the rule.
It made the children laugh and play
To see a lamb at school!

Miss Little Bo-Peep & Little Boy Blue Competition

Saturday 2nd May 2.30pm - Market Square

For children under 10 years

Girls must be dressed in a Little Bo-Peep Outfit

Boys must be dressed in a Little Boy Blue Outfit

1st Prize: Sash & Tiara & Trophy (Girls)

1st Prize: Rosette & Trophy (Boys)

2nd & 3rd Prizes: Trophy

All enquiries to Maree at (087) 2965497



**Event kindly sponsored by
Island View Canine Crèche,
Boarding & Training Kennels, Lecarrow.**



For any information or to become one of the
sponsors of the festival contact us:

Roscommon Lamb Festival,
c/o Roscommon Integrated Development Company,
Curraghboy, Athlone, Co. Roscommon.

Tel: 090 6488960 Email: info@southrosleader.ie
Website: www.roscommonlambfestival.com

Sponsors & Friends



Sponsors & Funders



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& Restaurant

Roscommon Mart

Taste 4 Success

FBD Insurance

Roscommon Sheep
Farmers

The Abbey Hotel

Lidl Ireland

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Silver Friends

All Creatures Veterinary Clinic,
Roscommon
Colm Tully Veterinary Supplies,
Roscommon
Councillor Paddy Kilduff, Glanduff
Euro Tags, Mullinahone
George's Bar, Tom and Phil Beirne
Intervet Schering-Plough Animal Health
Beirne & Beattie Engineering
Island View Canine Crèche

Gilmore and McDonald
Veterinary Surgeons, Elphin
Merrial Animal Health
MJ Farrell's Jewellers, Roscommon
Novartis Animal Health
P.Coffey & Sons Ltd., Lecarrow
Creative Freedom Design, Marketing
& Print, Castle Street, Roscommon
Pat Tully Plumbing
IFAC Roscommon

Festival Friends

AIB Roscommon
Capital Water Systems, Roscommon
Collins Boyd Engineering, Roscommon
Hynes Family Butchers, Roscommon
McGuinnesses Pharmacy, Roscommon
Mozart Tile Centre, Roscommon
Timothys Londis, Roscommon
Cllr. Orla Leyden, Roscommon
Athlone Veterinary Clinic
Roscommon Fireplaces

George Bannon Sports, Roscommon
Gerard Neilan - Solicitor
Liam O'Malley - Veterinary Surgeon, Ballygar
O'Briens Pharmacy, Roscommon
Ward's Hardware, Roscommon
Treacy Decor, Roscommon
Anne Kelly Hair Salon, Roscommon
Louise's Beauty Studio, Roscommon
Cllr. Dominic Connolly, Roscommon



Serve with roast potatoes and some simple steamed vegetables and you will have a great meal for family and friends.

recipes from
www.bordbia.ie

SPRING LAMB

delicious

COMPLEXITY
 MODERATE

TIME
 85 MIN

SERVES
 10 APPROX.

METHOD
 ROAST

LEG OF LAMB ROASTED WITH MUSTARD AND ROSEMARY

1 leg of lamb, 2½ kg, well trimmed

Topping

2 tablesp. good quality mustard

2 tablesp. soy sauce

1 clove garlic, crushed

1 teasp. rosemary leaves, chopped

2-3cm piece of ginger, peeled and grated

1 tablesp. olive oil

Preheat the oven to 220°C (430°F) Gas Mark 7.

Place the **lamb** in a roasting tin. Mix the **mustard**, **soy sauce**, **garlic**, **rosemary** and **ginger** together and then gradually stir in the **olive oil** to make a paste. Spread this mixture over the **lamb**.

Put in the oven and roast for 20 minutes, then reduce the heat to 180°C (350°F) Gas Mark 4 and continue to roast for another 50 minutes. The **lamb** will be cooked medium at this stage. Remove from the oven, wrap the **lamb** loosely in foil and allow to rest for 15 minutes before carving.



National Development Plan 2007 - 2013
 Funded by the Irish Government under the
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Bord Bia
 Irish Food Board
www.bordbia.ie